



APRIL MENUS

Thursday, April 19

TURKEY MEATLOAF or VEGAN QUINOA CASHEW LOAF

A heart-healthy take on a weeknight favorite!

SIDES: Garlic Mashed Potatoes, Steamed Vegetables

Thursday, April 26

SOUTHERN OVEN-FRIED CHICKEN or SOUTHERN FRIED TOFU

One of our most popular dishes!

SIDES: Baked Beans, Steamed Greens

EVERY THURSDAY 5-8pm

1. Buy a \$5 Dinner TOKEN

Might also grab a drink and dessert while you're at it.

2. Bring your token to the DELI HOT BAR

3. Dinner is served!

You get one entrée portion and as much of our \$5 Dinner sides that will fit on your plate or in box.



Menu subject to change without notice. No substitutions

\$5 Dinners are a Co+op Basics item and no further discounts may be taken. Price is already as low as we can go..